

## Tussenstand Haagse Cross Competitie 2011-2012

|     | Naam                  | Vereniging  | Categorie | Sparta 20-11-2011 | Olympus '70 18-12-2011 | Haag Atletiek 29-01-2012 | AV '40 04-03-2012 |  |  | punten 1e wedstrijd | punten 2e wedstrijd | punten 3e wedstrijd | punten 4e wedstrijd | Totaal punten | Totaal punten |        |        |             |
|-----|-----------------------|-------------|-----------|-------------------|------------------------|--------------------------|-------------------|--|--|---------------------|---------------------|---------------------|---------------------|---------------|---------------|--------|--------|-------------|
|     |                       |             |           |                   |                        |                          |                   |  |  |                     |                     |                     |                     |               | Haag Atletiek | AV '40 | Sparta | Olympus '70 |
| 303 | Nila Knoester         | Sparta      | MPC mini  | 4.50.13           | 6.18.86                | <b>5.22.00</b>           |                   |  |  | 13                  | 13                  | 13                  |                     | 39            | 76            | 87     | 83     | 77          |
| 301 | Terra Primatesta      | AV '40      | MPC mini  | 5.00.13           | 6.23.22                | <b>5.28.00</b>           |                   |  |  | 11                  | 11                  | 11                  |                     | 33            |               |        |        |             |
| 300 | Else Baas             | Haag Atl    | MPC mini  | 5.32.12           | 7.16.80                | <b>5.59.00</b>           |                   |  |  | 9                   | 8                   | 9                   |                     | 26            |               |        |        |             |
| 302 | Yvette van Trien      | AV '40      | MPC mini  | 5.47.04           | 7.16.50                | <b>6.18.00</b>           |                   |  |  | 7                   | 9                   | 8                   |                     | 24            |               |        |        |             |
| 304 | Geneva Sipos          | Sparta      | MPC mini  | 5.43.22           | 7.52.56                |                          |                   |  |  | 8                   | 7                   |                     |                     | 15            |               |        |        |             |
| 306 | Frederiek Dekker      | Olympus '70 | MPC       | 4.20.23           | 5.27.46                | <b>4.42.00</b>           |                   |  |  | 11                  | 13                  | 13                  |                     | 37            |               |        |        | 8           |
| 308 | Sanne de Koning       | Olympus '70 | MPC       | 4.43.09           | 6.04.67                | <b>5.01.00</b>           |                   |  |  | 6                   | 8                   | 11                  |                     | 25            |               |        |        | 2           |
| 307 | Ellemijn Blok         | Olympus '70 | MPC       | 4.38.31           | 5.55.29                | <b>5.03.00</b>           |                   |  |  | 7                   | 9                   | 9                   |                     | 25            |               |        |        | 2           |
| 310 | Lotte Olsthoorn       | Olympus '70 | MPC       | dns               | 6.37.81                | <b>5.16.00</b>           |                   |  |  |                     | 1                   | 8                   |                     | 9             |               |        |        | 0           |
| 318 | Shannon Kamga         | Haag Atl    | MPC       | 4.19.14           | 6.31.03                | <b>5.20.00</b>           |                   |  |  | 13                  | 2                   | 7                   |                     | 22            |               |        |        | 0           |
| 312 | Isis Tinneveld        | Olympus '70 | MPC       | 4.51.61           | 6.09.81                | <b>5.24.00</b>           |                   |  |  | 3                   | 7                   | 6                   |                     | 16            |               |        |        | 0           |
| 315 | Lianne van Oosterwijk | Sparta      | MPC       | 5.19.60           | 6.16.36                | <b>5.27.00</b>           |                   |  |  | 1                   | 5                   | 5                   |                     | 11            |               |        |        | 0           |
| 319 | Anna Lusthof          | Olympus '70 | MPC       |                   | 6.25.45                | <b>5.40.00</b>           |                   |  |  |                     | 4                   | 4                   |                     | 8             |               |        |        | 0           |
| 311 | Sanne van der Pijl    | Olympus '70 | MPC       | 4.52.90           | 6.37.46                | <b>5.48.00</b>           |                   |  |  | 2                   | 1                   | 3                   |                     | 6             |               |        |        | 0           |
| 314 | Hania Snellink        | Sparta      | MPC       | 4.53.44           | 6.10.09                | <b>5.55.00</b>           |                   |  |  | 1                   | 6                   | 2                   |                     | 9             |               |        |        | 0           |
| 309 | Tessa Molenaar        | Olympus '70 | MPC       | 5.08.17           | 6.51.57                | <b>5.59.00</b>           |                   |  |  | 1                   | 1                   | 1                   |                     | 3             |               |        |        | 0           |
| 305 | Liselotte Bouvy       | Haag Atl    | MPC       | 4.49.53           | dns                    |                          |                   |  |  | 4                   |                     |                     |                     | 4             |               |        |        | 0           |
| 313 | Semra Yavuz           | Sparta      | MPC       | 4.30.92           | 5.45.81                |                          |                   |  |  | 8                   | 11                  |                     |                     | 19            |               |        |        | 2           |
| 316 | Beau Vlaardingebroek  | Haag Atl    | MPC       | 4.46.90           | 6.30.02                |                          |                   |  |  | 5                   | 3                   |                     |                     | 8             |               |        |        | 0           |
| 317 | Julia Jedrzejska      | Sparta      | MPC       | 4.20.65           | 6.37.46                |                          |                   |  |  | 9                   | 1                   |                     |                     | 10            |               |        |        | 1           |
| 439 | Chameiro Stelk        | Sparta      |           |                   |                        | <b>5.35.00</b>           |                   |  |  |                     |                     | 13                  |                     | 13            |               |        |        | 3           |
| 425 | David Pronk           | Sparta      | JPC mini  | 5.02.64           | 6.37.90                | <b>5.36.00</b>           |                   |  |  | 13                  | 13                  | 11                  |                     | 37            |               |        |        | 8           |
| 424 | Tyler Diependaal      | AV '40      | JPC mini  | 5.36.13           | 8.30.97                | <b>6.05.00</b>           |                   |  |  | 11                  | 11                  | 9                   |                     | 31            |               |        |        | 0           |
| 422 | Wessel Meijers        | AV '40      | JPC mini  | 5.44.37           | dns                    | <b>6.24.00</b>           |                   |  |  | 9                   |                     | 8                   |                     | 17            |               |        |        | 0           |
| 423 | Stefan Radosalvjvic   | Sparta      | JPC mini  | dnf               | dns                    |                          |                   |  |  |                     |                     |                     |                     |               |               |        |        | 0           |
| 426 | Nyuh Lyn Chung        | Sparta      | JPC mini  | 5.49.34           | dns                    |                          |                   |  |  | 8                   |                     |                     |                     | 8             |               |        |        | 0           |
| 427 | Robin Knoester        | Haag Atl    | JPC       | 4.02.05           | dns                    | <b>4.30.00</b>           |                   |  |  | 13                  |                     | 13                  |                     | 26            |               |        |        | 0           |
| 433 | Melle de Jong         | Olympus '70 | JPC       | 4.13.52           | 5.26.93                | <b>4.37.00</b>           |                   |  |  | 11                  | 13                  | 11                  |                     | 35            |               |        |        | 7           |
| 429 | Joris v.d. Langkruis  | Haag Atl    | JPC       | 4.16.39           | 5.36.75                | <b>4.41.00</b>           |                   |  |  | 8                   | 11                  | 9                   |                     | 28            |               |        |        | 0           |
| 435 | Ivar van Ruijven      | Olympus '70 | JPC       | 4.26.22           | 5.48.44                | <b>4.51.00</b>           |                   |  |  | 7                   | 9                   | 8                   |                     | 24            |               |        |        | 1           |
| 428 | Gene Timmers          | Haag Atl    | JPC       | 4.46.32           | 6.19.49                | <b>5.10.00</b>           |                   |  |  | 5                   | 7                   | 7                   |                     | 19            |               |        |        | 0           |
| 438 | Sander Heidenis       | Sparta      | JPC       | 5.24.39           | 7.07.42                | <b>6.16.00</b>           |                   |  |  | 2                   | 3                   | 6                   |                     | 11            |               |        |        | 0           |
| 431 | Jasper Kremer         | AV '40      | JPC       | 5.22.00           | 7.58.51                | <b>6.46.00</b>           |                   |  |  | 3                   | 2                   | 5                   |                     | 10            |               |        |        | 0           |
| 430 | Stan Frankenmolen     | Haag Atl    | JPC       | 4.13.94           | 5.59.45                |                          |                   |  |  | 9                   | 8                   |                     |                     | 17            |               |        |        | 0           |
| 432 | Liam Brederoo         | Olympus '70 | JPC       | dnf               | 6.40.87                |                          |                   |  |  |                     | 4                   |                     |                     | 4             |               |        |        | 0           |
| 434 | Kaj Poleij            | Olympus '70 | JPC       | dns               | 6.36.46                |                          |                   |  |  |                     | 5                   |                     |                     | 5             |               |        |        | 0           |
| 436 | Luca Verlaan          | Olympus '70 | JPC       | 5.12.68           | 6.24.07                |                          |                   |  |  | 4                   | 6                   |                     |                     | 10            |               |        |        | 0           |
| 437 | Alex Radosalvjvic     | Sparta      | JPC       | 4.44.03           | dns                    |                          |                   |  |  | 6                   |                     |                     |                     | 6             |               |        |        | 0           |
| 330 | Sylvie Mol            | Sparta      | MPB       | 4.14.98           | 5.47.56                | <b>4.39.00</b>           |                   |  |  | 13                  | 13                  | 13                  |                     | 39            |               |        |        | 9           |
| 320 | Denise de Does        | Haag Atl    | MPB       | dns               | 5.51.60                | <b>4.49.00</b>           |                   |  |  |                     | 9                   | 11                  |                     | 20            |               |        |        | 0           |
| 327 | Yara Aaldring         | AV '40      | MPB       | 4.27.52           | 5.52.06                | <b>4.52.00</b>           |                   |  |  | 8                   | 8                   | 9                   |                     | 25            |               |        |        | 1           |
| 321 | Sandy de Does         | Haag Atl    | MPB       | dns               | 6.54.50                | <b>5.31.00</b>           |                   |  |  |                     | 3                   | 8                   |                     | 11            |               |        |        | 0           |
| 323 | Jildou Guest          | Haag Atl    | MPB       | dns               | 6.49.61                | <b>5.35.00</b>           |                   |  |  |                     | 5                   | 7                   |                     | 12            |               |        |        | 0           |
| 328 | Claire Meurisse       | AV '40      | MPB       | 4.42.99           | 6.39.01                | <b>5.38.00</b>           |                   |  |  | 7                   | 6                   | 6                   |                     | 19            |               |        |        | 0           |
| 331 | Iris Daman            | AV '40      | MPB       | 4.56.45           | 6.54.24                | <b>5.38.00</b>           |                   |  |  | 6                   | 4                   | 5                   |                     | 15            |               |        |        | 0           |
| 325 | Nova de Jong          | Haag Atl    | MPB       | 5.29.15           | dns                    | <b>7.03.00</b>           |                   |  |  | 4                   |                     | 4                   |                     | 8             |               |        |        | 0           |
| 322 | Nadja Riederer        | Haag Atl    | MPB       | 5.01.33           | dns                    |                          |                   |  |  | 5                   |                     |                     |                     | 5             |               |        |        | 0           |
| 324 | Chloe Lauffer         | Haag Atl    | MPB       | 6.13.56           | dns                    |                          |                   |  |  | 3                   |                     |                     |                     | 3             |               |        |        | 0           |
| 326 | Ronja Langen          | Haag Atl    | MPB       | 4.16.88           | 5.50.37                |                          |                   |  |  | 11                  | 11                  |                     |                     | 22            |               |        |        | 0           |
| 329 | Alysée Lester         | Sparta      | MPB       | 4.20.61           | 6.17.60                |                          |                   |  |  | 9                   | 7                   |                     |                     | 16            |               |        |        | 1           |
| 332 | Krista Nelk           | AV '40      | MPB       | dns               | dns                    |                          |                   |  |  |                     |                     |                     |                     |               |               |        |        | 0           |

## Blad1

|     |                     |          |            |         |         |                |  |  |    |    |           |           |  |   |   |   |   |
|-----|---------------------|----------|------------|---------|---------|----------------|--|--|----|----|-----------|-----------|--|---|---|---|---|
| 442 | Gijs de Haan        | AV '40   | <b>JPB</b> | 3.50.72 | 5.06.20 | <b>4.23.00</b> |  |  | 13 | 13 | <b>13</b> | <b>39</b> |  | 0 | 9 | 0 | 0 |
| 452 | Gabriel Emmanuel    | Sparta   | <b>JPB</b> | 3.56.29 | 5.08.48 | <b>4.23.00</b> |  |  | 11 | 11 | <b>11</b> | <b>33</b> |  | 0 | 0 | 6 | 0 |
| 444 | Tijn Hoksbergen     | AV '40   | <b>JPB</b> | 4.20.69 | 5.28.96 | <b>4.29.00</b> |  |  | 5  | 8  | <b>9</b>  | <b>22</b> |  | 0 | 1 | 0 | 0 |
| 448 | Jonathan Pronk      | Sparta   | <b>JPB</b> | 4.00.95 | 5.25.62 | <b>4.40.00</b> |  |  | 9  | 9  | <b>8</b>  | <b>26</b> |  | 0 | 0 | 2 | 0 |
| 440 | Mark van der Linden | Haag Atl | <b>JPB</b> | 4.18.52 | 6.05.46 | <b>4.42.00</b> |  |  | 7  | 3  | <b>7</b>  | <b>17</b> |  | 0 | 0 | 0 | 0 |
| 393 | Bram Mulder         | HAAG Atl | <b>JPB</b> |         |         | <b>4.45.00</b> |  |  |    |    | <b>6</b>  | <b>6</b>  |  | 0 | 0 | 0 | 0 |
| 446 | Marijn Sips         | AV '40   | <b>JPB</b> | 4.19.22 | 5.41.82 | <b>4.46.00</b> |  |  | 6  | 7  | <b>5</b>  | <b>18</b> |  | 0 | 0 | 0 | 0 |
| 454 | Lucas van der Logt  | Sparta   | <b>JPB</b> | 4.16.42 | 7.20.48 | <b>4.46.00</b> |  |  | 8  | 1  | <b>4</b>  | <b>13</b> |  | 0 | 0 | 0 | 0 |
| 443 | Meine Keuning       | AV '40   | <b>JPB</b> | 4.43.56 | 6.07.52 | <b>4.53.00</b> |  |  | 1  | 2  | <b>3</b>  | <b>6</b>  |  | 0 | 0 | 0 | 0 |
| 447 | Enrique van Velzen  | AV '40   | <b>JPB</b> | 4.33.84 | 6.01.57 | <b>5.01.00</b> |  |  | 2  | 5  | <b>2</b>  | <b>9</b>  |  | 0 | 0 | 0 | 0 |
| 449 | Rick Lumenta        | Sparta   | <b>JPB</b> | 4.30.18 | 6.03.76 | <b>5.08.00</b> |  |  | 4  | 4  | <b>1</b>  | <b>9</b>  |  | 0 | 0 | 0 | 0 |
| 460 | Nelson Johnson      | Haag Atl | <b>JPB</b> | 4.41.19 | dns     | <b>5.22.00</b> |  |  | 1  |    | <b>1</b>  | <b>2</b>  |  | 0 | 0 | 0 | 0 |
| 451 | Tim van den Bergen  | Sparta   | <b>JPB</b> | 4.34.29 | dns     | <b>5.28.00</b> |  |  | 1  |    | <b>1</b>  | <b>2</b>  |  | 0 | 0 | 0 | 0 |
| 456 | Martijn de Krijger  | AV '40   | <b>JPB</b> | 4.44.02 | 6.36.28 | <b>5.29.00</b> |  |  | 1  | 1  | <b>1</b>  | <b>3</b>  |  | 0 | 0 | 0 | 0 |
| 441 | Oliver v.d. Velde   | Haag Atl | <b>JPB</b> | 5.02.14 | 6.54.11 | <b>5.33.00</b> |  |  | 1  | 1  | <b>1</b>  | <b>3</b>  |  | 0 | 0 | 0 | 0 |
| 455 | Orlando Diependaal  | AV '40   | <b>JPB</b> | 5.01.21 | 6.47.13 | <b>5.41.00</b> |  |  | 1  | 1  | <b>1</b>  | <b>3</b>  |  | 0 | 0 | 0 | 0 |
| 453 | Rick van Gaalen     | Sparta   | <b>JPB</b> | 5.05.18 | 7.10.41 | <b>5.47.00</b> |  |  | 1  | 1  | <b>1</b>  | <b>3</b>  |  | 0 | 0 | 0 | 0 |
| 461 | Amaan Habiboellah   | Haag Atl | <b>JPB</b> | 5.21.38 | 6.56.46 | <b>6.22.00</b> |  |  | 1  | 1  | <b>1</b>  | <b>3</b>  |  | 0 | 0 | 0 | 0 |
| 462 | Chi Yun Cchung      | Sparta   | <b>JPB</b> | 5.31.40 | 8.00.75 | <b>6.30.00</b> |  |  | 1  | 1  | <b>1</b>  | <b>3</b>  |  | 0 | 0 | 0 | 0 |
| 445 | Casper Meijers      | AV '40   | <b>JPB</b> | 4.56.37 | dns     |                |  |  | 1  |    |           | <b>1</b>  |  | 0 | 0 | 0 | 0 |
| 450 | Matthijs Smits      | Sparta   | <b>JPB</b> | 4.33.49 | 5.46.60 |                |  |  | 3  | 6  |           | <b>9</b>  |  | 0 | 0 | 0 | 0 |
| 457 | Lars Mientjes       | Haag Atl | <b>JPB</b> | dns     | dns     |                |  |  |    |    |           |           |  | 0 | 0 | 0 | 0 |
| 458 | Gwen Hanekamp       | Haag Atl | <b>JPB</b> | dns     | dns     |                |  |  |    |    |           |           |  | 0 | 0 | 0 | 0 |
| 459 | Mark Dijkstra       | Sparta   | <b>JPB</b> | 5.37.08 | dns     |                |  |  | 1  |    |           | <b>1</b>  |  | 0 | 0 | 0 | 0 |

|     |                    |             |             |         |         |                |  |  |    |    |           |           |  |   |   |   |   |
|-----|--------------------|-------------|-------------|---------|---------|----------------|--|--|----|----|-----------|-----------|--|---|---|---|---|
| 353 | Kim van Leest      | AV '40      | <b>MPA1</b> | 4.01.45 | 5.22.26 | <b>4.16.00</b> |  |  | 9  | 11 | <b>13</b> | <b>33</b> |  | 0 | 6 | 0 | 0 |
| 355 | Sara Dekker        | Olympus '70 | <b>MPA1</b> | dns     | 5.19.54 | <b>4.19.00</b> |  |  |    | 13 | <b>11</b> | <b>24</b> |  | 0 | 0 | 0 | 5 |
| 354 | Angela de Vries    | Olympus '70 | <b>MPA1</b> | 3.56.82 | 5.26.77 | <b>4.26.00</b> |  |  | 13 | 9  | <b>9</b>  | <b>31</b> |  | 0 | 0 | 0 | 5 |
| 361 | Xemm Wormerhuijzen | AV '40      | <b>MPA1</b> | 3.57.21 | dns     | <b>4.42.00</b> |  |  | 11 |    | <b>8</b>  | <b>19</b> |  | 0 | 2 | 0 | 0 |
| 350 | Mellinde Fikkert   | Haag Atl    | <b>MPA1</b> | 4.14.16 | 5.40.88 | <b>4.45.00</b> |  |  | 7  | 8  | <b>7</b>  | <b>22</b> |  | 0 | 0 | 0 | 0 |
| 357 | Nora Jonas         | Sparta      | <b>MPA1</b> | 4.04.51 | dns     | <b>4.50.00</b> |  |  | 8  |    | <b>6</b>  | <b>14</b> |  | 0 | 0 | 0 | 0 |
| 362 | Sanne de Ruiter    | Haag Atl    | <b>MPA1</b> | 4.21.44 | dns     | <b>4.51.00</b> |  |  | 5  |    | <b>5</b>  | <b>10</b> |  | 0 | 0 | 0 | 0 |
| 352 | Saana Taal         | AV '40      | <b>MPA1</b> | 4.18.46 | 5.54.93 | <b>4.52.00</b> |  |  | 6  | 6  | <b>4</b>  | <b>16</b> |  | 0 | 0 | 0 | 0 |
| 359 | Dewi Scholten      | Sparta      | <b>MPA1</b> | 4.27.22 | 5.48.42 | <b>4.59.00</b> |  |  | 3  | 7  | <b>3</b>  | <b>13</b> |  | 0 | 0 | 0 | 0 |
| 351 | Nine v.d. Stadt    | Haag Atl    | <b>MPA1</b> | 4.24.77 | dns     | <b>5.04.00</b> |  |  | 4  |    | <b>2</b>  | <b>6</b>  |  | 0 | 0 | 0 | 0 |
| 360 | Sakira Aveloo      | Sparta      | <b>MPA1</b> | dns     | 6.15.22 | <b>5.16.00</b> |  |  |    | 4  | <b>1</b>  | <b>5</b>  |  | 0 | 0 | 0 | 0 |
| 358 | Blom Polderman     | Sparta      | <b>MPA1</b> | 4.38.67 | 6.26.95 | <b>5.17.00</b> |  |  | 1  | 2  | <b>1</b>  | <b>4</b>  |  | 0 | 0 | 0 | 0 |
| 356 | Fenna van Ruijven  | Olympus '70 | <b>MPA1</b> | 4.33.03 | 6.17.94 | <b>5.24.00</b> |  |  | 2  | 3  | <b>1</b>  | <b>6</b>  |  | 0 | 0 | 0 | 0 |
| 349 | Julia Baas         | Haag Atl    | <b>MPA1</b> | 4.50.14 | dns     | <b>5.32.00</b> |  |  | 1  |    | <b>1</b>  | <b>2</b>  |  | 0 | 0 | 0 | 0 |
| 366 | Brendy Zinhagl     | Sparta      | <b>MPA1</b> |         |         | <b>6,05,00</b> |  |  |    |    | <b>1</b>  | <b>1</b>  |  | 0 | 0 | 0 | 0 |
| 363 | Britt van Dien     | Olympus '70 | <b>MPA1</b> |         | dns     |                |  |  |    |    |           |           |  | 0 | 0 | 0 | 0 |
| 364 | Esmée Peek         | Olympus '70 | <b>MPA1</b> |         | 6.45.21 |                |  |  | 1  |    |           | <b>1</b>  |  | 0 | 0 | 0 | 0 |
| 365 | Bente Valk         | Haag Atl    | <b>MPA1</b> |         | 6.02.76 |                |  |  | 5  |    |           | <b>5</b>  |  | 0 | 0 | 0 | 0 |

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|-----|----------------------|-------------|-------------|---------|---------|----------------|--|--|----|----|-----------|-----------|--|---|---|---|---|
| 718 | Sjoerd van Heel      | Haag Atl    | <b>JPA1</b> | 3.51.12 | dns     | <b>4.21.00</b> |  |  | 13 |    | <b>13</b> | <b>26</b> |  | 6 | 0 | 0 | 0 |
| 492 | Joris Guddé          | AV '40      | <b>JPA1</b> | 4.03.70 | 5.17.07 | <b>4.25.00</b> |  |  | 7  | 13 | <b>11</b> | <b>31</b> |  | 0 | 5 | 0 | 0 |
| 719 | Max Moesker          | Sparta      | <b>JPA1</b> | 4.05.61 | 5.18.57 | <b>4.25.00</b> |  |  | 6  | 9  | <b>9</b>  | <b>24</b> |  | 0 | 0 | 2 | 0 |
| 489 | Matthijs v.d. Zwan   | Haag Atl    | <b>JPA1</b> | dns     | 5.36.52 | <b>4.35.00</b> |  |  |    | 3  | <b>8</b>  | <b>11</b> |  | 0 | 0 | 0 | 0 |
| 716 | Max de Vries         | Sparta      | <b>JPA1</b> | 4.11.25 | 5.38.68 | <b>4.36.00</b> |  |  | 4  | 1  | <b>7</b>  | <b>12</b> |  | 0 | 0 | 0 | 0 |
| 717 | Lars Schols          | Sparta      | <b>JPA1</b> | 4.06.08 | 5.18.24 | <b>4.37.00</b> |  |  | 5  | 11 | <b>6</b>  | <b>22</b> |  | 0 | 0 | 2 | 0 |
| 494 | Robby Bax            | Olympus '70 | <b>JPA1</b> | 4.01.12 | 5.26.74 | <b>4.40.00</b> |  |  | 8  | 8  | <b>5</b>  | <b>21</b> |  | 0 | 0 | 0 | 0 |
| 495 | Dano van Calsteren   | Olympus '70 | <b>JPA1</b> | 4.13.91 | 5.30.94 | <b>4.42.00</b> |  |  | 2  | 6  | <b>4</b>  | <b>12</b> |  | 0 | 0 | 0 | 0 |
| 715 | Tom Vlasveld         | Sparta      | <b>JPA1</b> | 4.24.19 | 6.10.00 | <b>4.44.00</b> |  |  | 1  | 1  | <b>3</b>  | <b>5</b>  |  | 0 | 0 | 0 | 0 |
| 499 | Quinten Chambliss    | Sparta      | <b>JPA1</b> | 4.00.55 | dnf     | <b>4.47.00</b> |  |  | 9  |    | <b>2</b>  | <b>11</b> |  | 0 | 0 | 1 | 0 |
| 488 | Roeland Vos          | Haag Atl    | <b>JPA1</b> | dns     | 5.55.95 | <b>4.49.00</b> |  |  |    | 1  | <b>1</b>  | <b>2</b>  |  | 0 | 0 | 0 | 0 |
| 491 | Jules Frankenmolen   | Haag Atl    | <b>JPA1</b> | 3.59.60 | 5.30.43 | <b>4.49.00</b> |  |  | 11 | 7  | <b>1</b>  | <b>19</b> |  | 2 | 0 | 0 | 0 |
| 721 | Kamil Snellink       | Sparta      | <b>JPA1</b> | 4.37.06 | 6.09.79 | <b>5.12.00</b> |  |  | 1  | 1  | <b>1</b>  | <b>3</b>  |  | 0 | 0 | 0 | 0 |
| 500 | Luca Mok             | Sparta      | <b>JPA1</b> | 4.41.67 | 6.20.19 | <b>5.16.00</b> |  |  | 1  | 1  | <b>1</b>  | <b>3</b>  |  | 0 | 0 | 0 | 0 |
| 720 | Robin Heidenis       | Sparta      | <b>JPA1</b> | 4.53.20 | dns     | <b>5.46.00</b> |  |  | 1  |    | <b>1</b>  | <b>2</b>  |  | 0 | 0 | 0 | 0 |
| 490 | Wesley v.d. Kooij    | Haag Atl    | <b>JPA1</b> | dns     | 5.46.93 |                |  |  |    | 1  |           | <b>1</b>  |  | 0 | 0 | 0 | 0 |
| 493 | Stan van der Salm    | AV '40      | <b>JPA1</b> | dns     | dns     |                |  |  |    |    |           |           |  | 0 | 0 | 0 | 0 |
| 496 | Max Veraar           | Olympus '70 | <b>JPA1</b> | 4.18.52 | 5.35.01 |                |  |  | 1  | 4  |           | <b>5</b>  |  | 0 | 0 | 0 | 0 |
| 497 | Merlijn Verlaan      | Olympus '70 | <b>JPA1</b> | 4.27.57 | 6.16.89 |                |  |  | 1  | 1  |           | <b>2</b>  |  | 0 | 0 | 0 | 0 |
| 498 | Jonathan Vreugdenhil | Olympus '70 | <b>JPA1</b> | dns     | 5.32.74 |                |  |  |    | 5  |           | <b>5</b>  |  | 0 | 0 | 0 | 0 |
| 722 | Ian Vlaardingebroek  | Haag Atl    | <b>JPA1</b> | 4.12.05 | 5.37.37 |                |  |  | 3  | 2  |           | <b>5</b>  |  | 0 | 0 | 0 | 0 |
| 393 | Bram Mulder          | HAAG Atl    | <b>JPA1</b> |         |         |                |  |  |    |    |           |           |  | 0 | 0 | 0 | 0 |

|     |                |        |             |         |         |                |  |  |    |    |           |           |  |   |   |   |   |
|-----|----------------|--------|-------------|---------|---------|----------------|--|--|----|----|-----------|-----------|--|---|---|---|---|
| 341 | Nanah Fung-Loy | Sparta | <b>MPA2</b> | 3.45.57 | 5.09.55 | <b>4.19.00</b> |  |  | 13 | 13 | <b>13</b> | <b>39</b> |  | 0 | 0 | 9 | 0 |
| 335 | Martha Chapple | AV '40 | <b>MPA2</b> | 3.55.72 | 5.12.28 | <b>4.24.00</b> |  |  | 11 | 11 | <b>11</b> | <b>33</b> |  | 0 | 6 | 0 | 0 |

## Blad1

|     |                        |             |             |         |         |                |  |  |   |   |          |           |  |   |   |   |   |
|-----|------------------------|-------------|-------------|---------|---------|----------------|--|--|---|---|----------|-----------|--|---|---|---|---|
| 336 | Anne Nijlant           | AV '40      | <b>MPA2</b> | 4.01.15 | 5.20.69 | <b>4.27.00</b> |  |  | 9 | 9 | <b>9</b> | <b>27</b> |  | 0 | 3 | 0 | 0 |
| 334 | Vita Primateste        | AV '40      | <b>MPA2</b> | 4.04.45 | 5.30.19 | <b>4.33.00</b> |  |  | 8 | 7 | <b>8</b> | <b>23</b> |  | 0 | 0 | 0 | 0 |
| 340 | Chenille Bonevacía     | Sparta      | <b>MPA2</b> | 4.11.85 | 5.28.08 | <b>4.36.00</b> |  |  | 5 | 8 | <b>7</b> | <b>20</b> |  | 0 | 0 | 0 | 0 |
| 333 | Noor Kuiper            | Haag Atl    | <b>MPA2</b> | 4.10.90 | 5.44.52 | <b>4.41.00</b> |  |  | 6 | 6 | <b>6</b> | <b>18</b> |  | 0 | 0 | 0 | 0 |
| 337 | Juliette van Meurs     | AV '40      | <b>MPA2</b> | dns     | 5.51.49 | <b>4.43.00</b> |  |  |   | 3 | <b>5</b> | <b>8</b>  |  | 0 | 0 | 0 | 0 |
| 347 | Renske Mussies         | Haag Atl    | <b>MPA2</b> | 4.25.68 | 5.47.51 | <b>4.54.00</b> |  |  | 3 | 5 | <b>4</b> | <b>12</b> |  | 0 | 0 | 0 | 0 |
| 346 | Ella Pijnacker Hordijk | Haag Atl    | <b>MPA2</b> | 4.23.81 | 5.53.25 | <b>4.58.00</b> |  |  | 4 | 2 | <b>3</b> | <b>9</b>  |  | 0 | 0 | 0 | 0 |
| 338 | Marit de Jong          | Olympus '70 | <b>MPA2</b> | 4.34.09 | 5.49.18 | <b>5.00.00</b> |  |  | 1 | 4 | <b>2</b> | <b>7</b>  |  | 0 | 0 | 0 | 0 |
| 345 | Nina Hamwijk           | Haag Atl    | <b>MPA2</b> | 4.31.37 | 5.55.09 | <b>5.05.00</b> |  |  | 2 | 1 | <b>1</b> | <b>4</b>  |  | 0 | 0 | 0 | 0 |
| 339 | Michelle van Spelden   | Olympus '70 | <b>MPA2</b> | 4.38.84 | 6.10.29 | <b>5.18.00</b> |  |  | 1 | 1 | <b>1</b> | <b>3</b>  |  | 0 | 0 | 0 | 0 |
| 342 | Grace-Ann Pronk        | Sparta      | <b>MPA2</b> | 4.06.69 | dns     |                |  |  | 7 |   |          | <b>7</b>  |  | 0 | 0 | 0 | 0 |
| 343 | Stephanie Dijkstra     | Sparta      | <b>MPA2</b> | 5.02.67 | dns     |                |  |  | 1 |   |          | <b>1</b>  |  | 0 | 0 | 0 | 0 |
| 344 | Marine Bernard         | Sparta      | <b>MPA2</b> | 4.56.46 | dns     |                |  |  | 1 |   |          | <b>1</b>  |  | 0 | 0 | 0 | 0 |

|     |                        |             |             |         |         |                |  |  |    |    |           |           |  |   |   |   |          |
|-----|------------------------|-------------|-------------|---------|---------|----------------|--|--|----|----|-----------|-----------|--|---|---|---|----------|
| 475 | Cédric Demol           | Olympus '70 | <b>JPA2</b> | 3.47.87 | 4.58.00 | <b>4.07.00</b> |  |  | 13 | 13 | <b>13</b> | <b>39</b> |  | 0 | 0 | 0 | <b>9</b> |
| 474 | Rutger van der Kwaak   | AV '40      | <b>JPA2</b> | 4.01.62 | 5.20.00 | <b>4.12.00</b> |  |  | 7  | 8  | <b>11</b> | <b>26</b> |  | 0 | 2 | 0 | <b>0</b> |
| 472 | Merlijn van Rensbergen | AV '40      | <b>JPA2</b> | 3.52.01 | 5.16.00 | <b>4.20.00</b> |  |  | 11 | 9  | <b>9</b>  | <b>29</b> |  | 0 | 4 | 0 | <b>0</b> |
| 471 | Jori Verroen           | Haag Atl    | <b>JPA2</b> | dns     | 4.59.00 | <b>4.20.00</b> |  |  |    | 11 | <b>8</b>  | <b>19</b> |  | 2 | 0 | 0 | <b>0</b> |
| 470 | Tim Tuijt              | Haag Atl    | <b>JPA2</b> | 4.04.33 | 5.25.00 | <b>4.30.00</b> |  |  | 6  | 7  | <b>7</b>  | <b>20</b> |  | 0 | 0 | 0 | <b>0</b> |
| 473 | Valéry v.d. Vring      | AV '40      | <b>JPA2</b> | 3.57.73 | 5.32.00 | <b>4.32.00</b> |  |  | 8  | 5  | <b>6</b>  | <b>19</b> |  | 0 | 0 | 0 | <b>0</b> |
| 463 | Tim van Heiningen      | Haag Atl    | <b>JPA2</b> | 4.07.45 | 5.28.00 | <b>4.35.00</b> |  |  | 5  | 6  | <b>4</b>  | <b>15</b> |  | 0 | 0 | 0 | <b>0</b> |
| 476 | Wout Gubbels           | Olympus '70 | <b>JPA2</b> | dns     | dns     | <b>4.35.00</b> |  |  |    |    | <b>3</b>  | <b>3</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 481 | Tarif Hochlaf          | Sparta      | <b>JPA2</b> | 5.17.95 | 5.32.00 | <b>4.35.00</b> |  |  | 1  | 4  | <b>5</b>  | <b>10</b> |  | 0 | 0 | 0 | <b>0</b> |
| 469 | Boris Ficker           | Haag Atl    | <b>JPA2</b> | 4.33.05 | 6.02.00 | <b>4.50.00</b> |  |  | 1  | 1  | <b>2</b>  | <b>4</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 477 | Jasper Wubben          | Olympus '70 | <b>JPA2</b> | 4.14.22 | dns     | <b>4.50.00</b> |  |  | 4  |    | <b>1</b>  | <b>5</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 479 | Stein Kremers          | Sparta      | <b>JPA2</b> | 4.16.75 | 5.43.00 | <b>4.53.00</b> |  |  | 3  | 3  | <b>1</b>  | <b>7</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 483 | Davon Hoek             | Sparta      | <b>JPA2</b> | 4.33.70 | dns     | <b>4.55.00</b> |  |  | 1  |    | <b>1</b>  | <b>2</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 484 | Jonathan Roerdink      | Sparta      | <b>JPA2</b> | 4.27.95 | dns     | <b>4.55.00</b> |  |  | 2  |    | <b>1</b>  | <b>3</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 487 | Timo Korthuis          | HAAG Atl    | <b>JPA2</b> |         |         | <b>4.55.00</b> |  |  |    |    | <b>1</b>  | <b>1</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 486 | Joost Sinke            | Spado       | <b>JPA2</b> |         |         | <b>5.05.00</b> |  |  |    |    |           |           |  | 0 | 0 | 0 | <b>0</b> |
| 482 | Lars van Heijningen    | Sparta      | <b>JPA2</b> | 4.45.47 | 6.27.00 | <b>5.31.00</b> |  |  | 1  | 1  | <b>1</b>  | <b>3</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 468 | Enrico Jellema         | Haag Atl    | <b>JPA2</b> | 4.50.42 | 6.22.00 | <b>5.36.00</b> |  |  | 1  | 1  | <b>1</b>  | <b>3</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 464 | Benjamin Coolen        | Haag Atl    | <b>JPA2</b> | dns     | 5.59.00 |                |  |  |    | 2  |           | <b>2</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 465 | Ferrie Hamer           | Haag Atl    | <b>JPA2</b> | dns     | dns     |                |  |  |    |    |           |           |  | 0 | 0 | 0 | <b>0</b> |
| 466 | Sander vd Heuvel       | Haag Atl    | <b>JPA2</b> | dns     | dns     |                |  |  |    |    |           |           |  | 0 | 0 | 0 | <b>0</b> |
| 467 | Oliver v.d. Berg       | Haag Atl    | <b>JPA2</b> | dns     | dns     |                |  |  |    |    |           |           |  | 0 | 0 | 0 | <b>0</b> |
| 478 | Norbeto Teixeira       | Sparta      | <b>JPA2</b> | 3.54.35 | dns     |                |  |  | 9  |    |           | <b>9</b>  |  | 0 | 0 | 1 | <b>0</b> |
| 480 | Tom Daman              | AV '40      | <b>JPA2</b> | dns     | dns     |                |  |  |    |    |           |           |  | 0 | 0 | 0 | <b>0</b> |
| 485 | Jayci Bernadino        | Haag Atl    | <b>JPA2</b> |         | dns     |                |  |  |    |    |           |           |  | 0 | 0 | 0 | <b>0</b> |

|     |                     |             |            |          |          |                 |  |  |    |    |           |           |  |   |   |   |          |
|-----|---------------------|-------------|------------|----------|----------|-----------------|--|--|----|----|-----------|-----------|--|---|---|---|----------|
| 390 | Iris Penning        | Olympus '70 | <b>MD1</b> | 8.03.27  | 10.44.86 | <b>8.41.00</b>  |  |  | 13 | 13 | <b>13</b> | <b>39</b> |  | 0 | 0 | 0 | <b>9</b> |
| 382 | Lunet van den Brand | Haag Atl    | <b>MD1</b> | 8.18.91  | dns      | <b>8.53.00</b>  |  |  | 11 |    | <b>11</b> | <b>22</b> |  | 4 | 0 | 0 | <b>0</b> |
| 381 | Janna van Burik     | Haag Atl    | <b>MD1</b> | 8.27.05  | 11.11.42 | <b>9.14.00</b>  |  |  | 8  | 11 | <b>9</b>  | <b>28</b> |  | 3 | 0 | 0 | <b>0</b> |
| 380 | Iza de Kort         | Haag Atl    | <b>MD1</b> | 8.21.86  | 11.28.46 | <b>9.34.00</b>  |  |  | 9  | 8  | <b>8</b>  | <b>25</b> |  | 1 | 0 | 0 | <b>0</b> |
| 383 | Pien Kuiper         | Haag Atl    | <b>MD1</b> | 8.44.74  | 11.44.39 | <b>9.43.00</b>  |  |  | 6  | 5  | <b>7</b>  | <b>18</b> |  | 0 | 0 | 0 | <b>0</b> |
| 387 | Larissa Smit        | AV '40      | <b>MD1</b> | 8.33.79  | 11.18.87 | <b>9.59.00</b>  |  |  | 7  | 9  | <b>6</b>  | <b>22</b> |  | 0 | 1 | 0 | <b>0</b> |
| 388 | Anne-Fleur Blok     | Olympus '70 | <b>MD1</b> | 9.01.30  | 11.29.59 | <b>10.05.00</b> |  |  | 5  | 7  | <b>5</b>  | <b>17</b> |  | 0 | 0 | 0 | <b>0</b> |
| 389 | Tessa Olsthoorn     | Olympus '70 | <b>MD1</b> | dns      | 12.14.28 | <b>10.12.00</b> |  |  |    | 2  | <b>4</b>  | <b>6</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 385 | Lieke Gudde         | AV '40      | <b>MD1</b> | 9.13.57  | 12.01.47 | <b>10.33.00</b> |  |  | 2  | 3  | <b>3</b>  | <b>8</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 386 | Marthe Meurisse     | AV '40      | <b>MD1</b> | 9.03.30  | 12.23.56 | <b>10.58.00</b> |  |  | 4  | 1  | <b>2</b>  | <b>7</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 384 | Kiki Schaaff        | Haag Atl    | <b>MD1</b> | 9.36.90  | 12.55.08 | <b>11.19.00</b> |  |  | 1  | 1  | <b>1</b>  | <b>3</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 396 | Sarah Guest         | Haag Atl    | <b>MD1</b> |          | 14.00.27 | <b>11.54.00</b> |  |  |    | 1  | <b>1</b>  | <b>2</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 391 | Romy Kok            | Sparta      | <b>MD1</b> | 9.08.73  | 11.33.54 |                 |  |  | 3  | 6  |           | <b>9</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 392 | Marijla Teixeira    | Sparta      | <b>MD1</b> | 10.21.66 | dns      |                 |  |  | 1  |    |           | <b>1</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 393 | Rosa van den Bos    | Haag Atl    | <b>MD1</b> | 9.58.07  | 12.43.49 |                 |  |  | 1  | 1  |           | <b>2</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 394 | Ivy de Rijke        | Sparta      | <b>MD1</b> |          | dnf      |                 |  |  |    |    |           |           |  | 0 | 0 | 0 | <b>0</b> |
| 395 | Rosanna Feitsma     | Olympus '70 | <b>MD1</b> |          | 11.57.99 |                 |  |  |    | 4  |           | <b>4</b>  |  | 0 | 0 | 0 | <b>0</b> |

|     |                        |             |            |         |          |                 |  |  |    |    |           |           |  |   |   |   |          |
|-----|------------------------|-------------|------------|---------|----------|-----------------|--|--|----|----|-----------|-----------|--|---|---|---|----------|
| 370 | Fiona Wiggers          | Haag Atl    | <b>MD2</b> | 7.57.15 | 10.50.98 | <b>9.01.00</b>  |  |  | 13 | 13 | <b>13</b> | <b>39</b> |  | 9 | 0 | 0 | <b>0</b> |
| 371 | Emma Dekker            | Olympus '70 | <b>MD2</b> | 8.20.67 | 11.13.68 | <b>9.12.00</b>  |  |  | 11 | 9  | <b>11</b> | <b>31</b> |  | 0 | 0 | 0 | <b>5</b> |
| 374 | Nienke de Ruiters      | Olympus '70 | <b>MD2</b> | 8.23.08 | 11.06.51 | <b>9.17.00</b>  |  |  | 9  | 11 | <b>9</b>  | <b>29</b> |  | 0 | 0 | 0 | <b>4</b> |
| 367 | Mari de Ruiters        | Haag Atl    | <b>MD2</b> | 8.46.51 | 11.56.23 | <b>9.31.00</b>  |  |  | 7  | 3  | <b>8</b>  | <b>18</b> |  | 0 | 0 | 0 | <b>0</b> |
| 369 | Merel van de Langkruis | Haag Atl    | <b>MD2</b> | 8.57.46 | 11.40.68 | <b>9.45.00</b>  |  |  | 5  | 7  | <b>7</b>  | <b>19</b> |  | 0 | 0 | 0 | <b>0</b> |
| 379 | Inge de Vries          | AV '40      | <b>MD2</b> | 8.31.55 | 11.37.73 | <b>9.48.00</b>  |  |  | 8  | 8  | <b>6</b>  | <b>22</b> |  | 0 | 0 | 0 | <b>0</b> |
| 368 | Marit Boom             | Haag Atl    | <b>MD2</b> | 9.20.64 | 14.26.40 | <b>9.59.00</b>  |  |  | 2  | 2  | <b>5</b>  | <b>9</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 377 | Selina Brinksma        | Sparta      | <b>MD2</b> | 8.59.78 | 11.54.61 | <b>10.11.00</b> |  |  | 3  | 5  | <b>4</b>  | <b>12</b> |  | 0 | 0 | 0 | <b>0</b> |
| 375 | Noelle Jonas           | Sparta      | <b>MD2</b> | 8.58.76 | 11.54.91 | <b>10.31.00</b> |  |  | 4  | 4  | <b>3</b>  | <b>11</b> |  | 0 | 0 | 0 | <b>0</b> |
| 372 | Kayleigh Hardy         | Olympus '70 | <b>MD2</b> | 9.39.90 | dns      |                 |  |  | 1  |    |           | <b>1</b>  |  | 0 | 0 | 0 | <b>0</b> |
| 373 | Emma Pellegrom         | Olympus '70 | <b>MD2</b> | 8.56.93 | dns      |                 |  |  | 6  |    |           | <b>6</b>  |  | 0 | 0 | 0 | <b>0</b> |

## Blad1

|     |              |          |     |         |          |  |  |  |   |  |  |   |   |   |   |   |
|-----|--------------|----------|-----|---------|----------|--|--|--|---|--|--|---|---|---|---|---|
| 376 | Emily Parker | Sparta   | MD2 | 9.26.55 | dns      |  |  |  | 1 |  |  | 1 | 0 | 0 | 0 | 0 |
| 378 | Kiki Verroen | Haag Atl | MD2 | dns     | 11.42.58 |  |  |  | 6 |  |  | 6 | 0 | 0 | 0 | 0 |

|     |                  |             |     |         |          |                 |  |  |    |    |           |           |   |   |   |   |
|-----|------------------|-------------|-----|---------|----------|-----------------|--|--|----|----|-----------|-----------|---|---|---|---|
| 745 | Robin Spoor      | Sparta      | JD1 | 7.44.87 | 10.15.69 | <b>8.38.00</b>  |  |  | 13 | 11 | <b>13</b> | <b>37</b> | 0 | 0 | 8 | 0 |
| 738 | Kimmo Taal       | AV '40      | JD1 | 7.54.70 | 10.05.15 | <b>8.41.00</b>  |  |  | 11 | 13 | <b>11</b> | <b>35</b> | 0 | 7 | 0 | 0 |
| 746 | Thijs Meershoek  | Sparta      | JD1 | 8.03.07 | dns      | <b>9.02.00</b>  |  |  | 9  |    | <b>9</b>  | <b>18</b> | 0 | 0 | 2 | 0 |
| 744 | Martijn Geerts   | Sparta      | JD1 | 8.20.50 | 11.50.97 | <b>9.15.00</b>  |  |  | 7  | 6  | <b>8</b>  | <b>21</b> | 0 | 0 | 0 | 0 |
| 734 | Abel Hijstek     | Haag Atl    | JD1 | 8.38.19 | 12.30.96 | <b>9.16.00</b>  |  |  | 4  | 4  | <b>7</b>  | <b>15</b> | 0 | 0 | 0 | 0 |
| 739 | Stijn de Graaf   | AV '40      | JD1 | 8.06.20 | 11.26.33 | <b>9.18.00</b>  |  |  | 1  | 7  | <b>6</b>  | <b>14</b> | 0 | 0 | 0 | 0 |
| 743 | Dennis Zwinkels  | Olympus '70 | JD1 | 8.03.96 | 10.58.73 | <b>9.21.00</b>  |  |  | 8  | 9  | <b>5</b>  | <b>22</b> | 0 | 0 | 0 | 1 |
| 740 | Rik van der Zwan | AV '40      | JD1 | 8.21.11 | 11.55.27 | <b>9.34.00</b>  |  |  | 6  | 5  | <b>4</b>  | <b>15</b> | 0 | 0 | 0 | 0 |
| 742 | Tim Verhulst     | Olympus '70 | JD1 | 9.13.32 | 12.40.43 | <b>10.15.00</b> |  |  | 2  | 3  | <b>3</b>  | <b>8</b>  | 0 | 0 | 0 | 0 |
| 748 | Marnix Vos       | Haag Atl    | JD1 |         | 13.03.49 | <b>10.31.00</b> |  |  |    | 2  | <b>2</b>  | <b>4</b>  | 0 | 0 | 0 | 0 |
| 735 | Stijn van Schaik | Haag Atl    | JD1 | 8.56.30 | 13.04.45 | <b>10.44.00</b> |  |  | 3  | 1  | <b>1</b>  | <b>5</b>  | 0 | 0 | 0 | 0 |
| 747 | Jonathan Ybema   | Haag Atl    | JD1 |         | 13.03.78 | <b>10.46.00</b> |  |  |    | 1  | <b>1</b>  | <b>2</b>  | 0 | 0 | 0 | 0 |
| 749 | Tom Bosch        | Haag Atl    | JD1 |         | 13.23.87 | <b>10.46.00</b> |  |  |    | 1  | <b>1</b>  | <b>2</b>  | 0 | 0 | 0 | 0 |
| 737 | Avery van Minnen | Haag Atl    | JD1 | 9.21.04 | 13.27.46 | <b>11.03.00</b> |  |  | 1  | 1  | <b>1</b>  | <b>3</b>  | 0 | 0 | 0 | 0 |
| 736 | Tim Stoetzer     | Haag Atl    | JD1 | 8.33.38 | 11.22.83 |                 |  |  | 5  | 8  |           | <b>13</b> | 0 | 0 | 0 | 0 |
| 741 | Lars v.d. Salm   | AV '40      | JD1 | dns     | dns      |                 |  |  |    |    |           |           | 0 | 0 | 0 | 0 |

|     |                   |             |     |         |          |                |  |  |    |    |           |           |   |   |   |   |
|-----|-------------------|-------------|-----|---------|----------|----------------|--|--|----|----|-----------|-----------|---|---|---|---|
| 729 | Bryan Pronk       | Sparta      | JD2 | 7.05.11 | 9.35.34  | <b>8.00.00</b> |  |  | 13 | 13 | <b>13</b> | <b>39</b> | 0 | 0 | 9 | 0 |
| 728 | James Fung-Loy    | Sparta      | JD2 | 7.10.73 | 9.45.21  | <b>8.05.00</b> |  |  | 9  | 8  | <b>11</b> | <b>28</b> | 0 | 0 | 3 | 0 |
| 723 | Maurik de Groot   | Haag Atl    | JD2 | 7.37.55 | 9.44.31  | <b>8.07.00</b> |  |  | 8  | 9  | <b>9</b>  | <b>26</b> | 2 | 0 | 0 | 0 |
| 732 | Glenn Kunst       | HAAG Atl    | JD2 |         |          | <b>8.15.00</b> |  |  |    |    | <b>8</b>  | <b>8</b>  | 0 | 0 | 0 | 0 |
| 730 | Isaam Er-Rabbi    | Sparta      | JD2 | 7.05.77 | 9.43.87  | <b>8.46.00</b> |  |  | 11 | 11 | <b>7</b>  | <b>29</b> | 0 | 0 | 4 | 0 |
| 725 | Guido Persoon     | Olympus '70 | JD2 | 8.09.93 | 10.40.55 | <b>8.57.00</b> |  |  | 5  | 6  | <b>6</b>  | <b>17</b> | 0 | 0 | 0 | 0 |
| 731 | Wytse de Vries    | AV '40      | JD2 | 7.48.58 | 10.57.96 | <b>9.13.00</b> |  |  | 6  | 5  | <b>5</b>  | <b>16</b> | 0 | 0 | 0 | 0 |
| 726 | Pim Veraar        | Olympus '70 | JD2 | 7.46.00 | 10.18.76 |                |  |  | 7  | 7  |           | <b>14</b> | 0 | 0 | 0 | 0 |
| 727 | Ruben Vreugdenhil | Olympus '70 | JD2 | dns     | dnf      |                |  |  |    |    |           |           | 0 | 0 | 0 | 0 |
| 724 | Pinio de Vos      | AV '40      | JD2 | 8.28.21 | dns      |                |  |  | 4  |    |           | <b>4</b>  | 0 | 0 | 0 | 0 |

|     |                       |             |    |         |          |                 |  |  |    |    |           |           |   |   |   |   |
|-----|-----------------------|-------------|----|---------|----------|-----------------|--|--|----|----|-----------|-----------|---|---|---|---|
| 401 | Lea Wiggers           | Haag Atl    | MC | 7.52.95 | 10.23.78 | <b>8.23.00</b>  |  |  | 13 | 11 | <b>13</b> | <b>37</b> | 8 | 0 | 0 | 0 |
| 406 | Nanda de Jong         | Olympus '70 | MC | 7.53.19 | 10.12.51 | <b>8.36.00</b>  |  |  | 11 | 13 | <b>11</b> | <b>35</b> | 0 | 0 | 0 | 7 |
| 399 | Fatou Drame           | Haag Atl    | MC | 8.10.60 | 10.31.60 | <b>8.44.00</b>  |  |  | 8  | 9  | <b>9</b>  | <b>26</b> | 2 | 0 | 0 | 0 |
| 403 | Veerle Ooink          | AV '40      | MC | 8.18.58 | 11.02.70 | <b>8.48.00</b>  |  |  | 6  | 6  | <b>8</b>  | <b>20</b> | 0 | 0 | 0 | 0 |
| 409 | Linda van Steeg       | Olympus '70 | MC | 8.03.81 | 10.40.57 | <b>8.51.00</b>  |  |  | 9  | 8  | <b>7</b>  | <b>24</b> | 0 | 0 | 0 | 1 |
| 415 | Jonna Vroom           | Olympus '70 | MC |         | 10.57.01 | <b>9.21.00</b>  |  |  |    | 7  | <b>6</b>  | <b>13</b> | 0 | 0 | 0 | 0 |
| 397 | Anouk Dekkers         | Haag Atl    | MC | dns     | dns      | <b>9.24.00</b>  |  |  |    |    | <b>5</b>  | <b>5</b>  | 0 | 0 | 0 | 0 |
| 408 | Eveline van Marrewijk | Olympus '70 | MC | 9.02.48 | 12.00.62 | <b>9.38.00</b>  |  |  | 1  | 1  | <b>4</b>  | <b>6</b>  | 0 | 0 | 0 | 0 |
| 400 | Gina Knoester         | Haag Atl    | MC | 8.37.73 | 11.36.07 | <b>9.48.00</b>  |  |  | 3  | 2  | <b>3</b>  | <b>8</b>  | 0 | 0 | 0 | 0 |
| 410 | Eva Tetteroo          | Olympus '70 | MC | 8.18.03 | 11.32.61 | <b>9.49.00</b>  |  |  | 7  | 4  | <b>2</b>  | <b>13</b> | 0 | 0 | 0 | 0 |
| 398 | Elizah Mulder         | Haag Atl    | MC | 8.42.97 | 11.35.77 | <b>9.54.00</b>  |  |  | 1  | 3  | <b>1</b>  | <b>5</b>  | 0 | 0 | 0 | 0 |
| 404 | Céline Smit           | AV '40      | MC | 8.57.62 | 11.48.52 | <b>9.55.00</b>  |  |  | 1  | 1  | <b>1</b>  | <b>3</b>  | 0 | 0 | 0 | 0 |
| 407 | Suzanne de Jong       | Olympus '70 | MC | 9.04.18 | 12.41.75 | <b>10.10.00</b> |  |  | 1  | 1  | <b>1</b>  | <b>3</b>  | 0 | 0 | 0 | 0 |
| 402 | Anne Tromp            | AV '40      | MC | 9.04.76 | dns      |                 |  |  | 1  |    |           | <b>1</b>  | 0 | 0 | 0 | 0 |
| 405 | Aniek Sips            | AV '40      | MC | dns     | dns      |                 |  |  |    |    |           |           | 0 | 0 | 0 | 0 |
| 411 | Aline Philipsen       | Olympus '70 | MC | 8.34.02 | 12.23.96 |                 |  |  | 4  | 1  |           | <b>5</b>  | 0 | 0 | 0 | 0 |
| 412 | Martine Yavuz         | Sparta      | MC | 9.35.82 | 13.41.92 |                 |  |  | 1  | 1  |           | <b>2</b>  | 0 | 0 | 0 | 0 |
| 413 | Verena de Roo         | Sparta      | MC | 8.29.92 | dns      |                 |  |  | 5  |    |           | <b>5</b>  | 0 | 0 | 0 | 0 |
| 414 | Sharon Sips           | Sparta      | MC | 8.38.14 | 11.29.32 |                 |  |  | 2  | 5  |           | <b>7</b>  | 0 | 0 | 0 | 0 |
| 416 | Elsemie Borst         | Haag Atl    | MC |         | dns      |                 |  |  |    |    |           |           | 0 | 0 | 0 | 0 |

|     |                     |             |    |          |          |                 |  |  |    |    |           |           |   |   |   |   |
|-----|---------------------|-------------|----|----------|----------|-----------------|--|--|----|----|-----------|-----------|---|---|---|---|
| 752 | Bram Schlangen      | AV '40      | JC | 11.11.37 | 12.20.85 | <b>12.25.00</b> |  |  | 13 | 13 | <b>13</b> | <b>39</b> | 0 | 9 | 0 | 0 |
| 754 | Samuel Chapple      | AV '40      | JC | 11.42.54 | 12.36.73 | <b>12.47.00</b> |  |  | 9  | 11 | <b>11</b> | <b>31</b> | 0 | 5 | 0 | 0 |
| 751 | Ysbrand Francissen  | AV '40      | JC | 12.01.48 | 13.12.06 | <b>12.47.00</b> |  |  | 6  | 7  | <b>9</b>  | <b>22</b> | 0 | 1 | 0 | 0 |
| 755 | Daan Valstar        | Olympus '70 | JC | 11.49.39 | 12.53.09 | <b>13.11.00</b> |  |  | 8  | 8  | <b>8</b>  | <b>24</b> | 0 | 0 | 0 | 0 |
| 758 | Brian Analikwu      | Sparta      | JC | 11.54.26 | 12.50.14 | <b>13.18.00</b> |  |  | 7  | 9  | <b>7</b>  | <b>23</b> | 0 | 0 | 1 | 0 |
| 762 | Tommie Sinke        | Spado       | JC |          |          | <b>13.33.00</b> |  |  |    |    |           |           | 0 | 0 | 0 | 0 |
| 757 | Brendan Analikwu    | Sparta      | JC | 12.06.80 | 13.26.91 | <b>13.39.00</b> |  |  | 5  | 6  | <b>6</b>  | <b>17</b> | 0 | 0 | 0 | 0 |
| 753 | Daan Tromp          | AV '40      | JC | 11.18.40 | dns      | <b>13.42.00</b> |  |  | 11 |    | <b>5</b>  | <b>16</b> | 0 | 2 | 0 | 0 |
| 756 | Alexander Prins     | Sparta      | JC | 13.34.52 | 13.55.85 | <b>14.11.00</b> |  |  | 2  | 4  | <b>4</b>  | <b>10</b> | 0 | 0 | 0 | 0 |
| 761 | Rafael Cannavaciulo | Haag Atl    | JC | 12.25.95 | 13.33.05 | <b>14.24.00</b> |  |  | 4  | 5  | <b>3</b>  | <b>12</b> | 0 | 0 | 0 | 0 |
| 759 | Robin Kuiper        | Sparta      | JC | 12.57.15 | 14.07.02 | <b>14.41.00</b> |  |  | 3  | 3  | <b>2</b>  | <b>8</b>  | 0 | 0 | 0 | 0 |
| 750 | Keanu Linkers       | Haag Atl    | JC | 16.29.12 | dns      |                 |  |  | 2  |    |           | <b>2</b>  | 0 | 0 | 0 | 0 |
| 760 | Ayk van der Stadt   | Haag Atl    | JC |          | dns      |                 |  |  |    |    |           |           | 0 | 0 | 0 | 0 |

|     |                     |          |    |          |          |                 |  |  |    |    |           |           |   |   |   |   |
|-----|---------------------|----------|----|----------|----------|-----------------|--|--|----|----|-----------|-----------|---|---|---|---|
| 763 | Paul van der Sluijs | Haag Atl | JB | 10.31.53 | 11.42.06 | <b>11.42.00</b> |  |  | 13 | 13 | <b>13</b> | <b>39</b> | 9 | 0 | 0 | 0 |
| 768 | Hugo Wolters        | Haag Atl | JB | 11.31.04 | 12.11.60 | <b>12.05.00</b> |  |  | 9  | 11 | <b>11</b> | <b>31</b> | 5 | 0 | 0 | 0 |
| 765 | Bas Kroon           | AV '40   | JB | dns      | 12.48.10 | <b>13.27.00</b> |  |  |    | 8  | <b>9</b>  | <b>17</b> | 0 | 1 | 0 | 0 |

## Blad1

|     |                      |             |           |          |          |                |  |  |  |    |    |           |           |   |   |   |   |
|-----|----------------------|-------------|-----------|----------|----------|----------------|--|--|--|----|----|-----------|-----------|---|---|---|---|
| 764 | Daan Jeucken         | AV '40      | <b>JB</b> | 11.58.49 | dns      |                |  |  |  | 8  |    |           | <b>8</b>  | 0 | 0 | 0 | 0 |
| 766 | Jonas Bakker         | AV '40      | <b>JB</b> | 10.35.25 | dns      |                |  |  |  | 11 |    |           | <b>11</b> | 0 | 2 | 0 | 0 |
| 767 | Sven van Adrichem    | AV '40      | <b>JB</b> | dns      | dns      |                |  |  |  |    |    |           |           | 0 | 0 | 0 | 0 |
| 769 | Ivar de Kok          | Olympus '70 | <b>JB</b> |          | dns      |                |  |  |  |    |    |           |           | 0 | 0 | 0 | 0 |
| 770 | Kevin Philipsen      | Olympus '70 | <b>JB</b> |          | 12.38.22 |                |  |  |  | 9  |    |           | <b>9</b>  | 0 | 0 | 0 | 1 |
| 417 | Reinet van der Wal   | AV '40      | <b>MB</b> | 8.16.30  | 10.33.77 | <b>8.49.00</b> |  |  |  | 9  | 13 | <b>13</b> | <b>35</b> | 0 | 7 | 0 | 0 |
| 418 | Nienke de Jong       | Olympus '70 | <b>MB</b> | 7.51.89  | 10.38.20 | <b>8.56.00</b> |  |  |  | 13 | 11 | <b>11</b> | <b>35</b> | 0 | 0 | 0 | 7 |
| 420 | Sylwia Grata         | Haag Atl    | <b>MB</b> | dns      | 11.28.73 | <b>9.39.00</b> |  |  |  |    | 8  | <b>9</b>  | <b>17</b> | 1 | 0 | 0 | 0 |
| 419 | Hannah van der Marel | Olympus '70 | <b>MB</b> | 7.59.37  | 10.56.21 |                |  |  |  | 11 | 9  |           | <b>20</b> | 0 | 0 | 0 | 3 |
| 421 | Bente Verhulst       | Olympus '70 | <b>MB</b> |          | dns      |                |  |  |  |    |    |           |           | 0 | 0 | 0 | 0 |